

## **Private Therapy Services : Occupational Therapy**

### Questions to Ask When Selecting an Occupational Therapist

- Is the therapist a member in good standing of the College of Occupational Therapists of Ontario? You can call the College to check the therapist's registration at 1-416-214-1177 or 1-800-890-6570. You can also check online at [www.coto.org](http://www.coto.org).
- What is the pediatric experience of the specific therapist who will be seeing your child? For example: Do they have experience with school related problems, developmental coordination disorder, head injury, social emotional issues, sensory integration or any other area of concern regarding your child?
- Do they have references for you to contact of people who have received their services?
- What language do they provide services in?
- What is their approach to therapy? How will you know the progress of your child?
- Do they work with an assistant, student, volunteer...?
- Where are the services provided? (ex: home, daycare, school, private office,...)?
- What is their time availability? Do they work days, evenings, weekends...?
- What is the cost for the services? What do they charge for? (ex: phone calls, travel time, reports, meetings ...). Are you required to pay for a cancellation? Are rates negotiable based on your insurance coverage?
- How do they work with other service providers?

### **Disclaimer of Liability:**

This list of "Private Therapists/Agencies" is provided for information purposes only, and may not be fully inclusive in nature. This list is being provided at the request of the parent/client. OCTC is not making any recommendations for any provider appearing on the list, nor may it be interpreted as a comment toward a provider, who does not appear on the list. Furthermore, OCTC has not conducted an evaluation of the professional capacity of these providers. This list is not intended to be a referral service and is presented in alphabetical order. The parent/client contact of any provider that appears on the list, is done so of their own volition. OCTC assumes no responsibility, liability of action or inaction of any provider that appears on this list, who may be retained by the parent/client.

Name of Agency or Private Practitioner	Contact Information	Languages Spoken	Population Served	Area of service	Other Pertinent Information
<b>Achieve Therapy Centre</b>	2948 Baseline Road, Suite 203, Ottawa, ON K2H 8T5  <b>Phone :</b> 613-680-1780  <b>Fax :</b> 613-680-1781  <b>Email :</b> <a href="mailto:info@achievetherapycentre.com">info@achievetherapycentre.com</a>  <b>Web:</b> <a href="http://www.achievetherapycentre.com">www.achievetherapycentre.com</a>	English, French  Interpreters can be arranged (additional charges apply).	Pediatric – Children with fine and gross motor challenges, developmental delays.	Services available in office only.  No home visits.	Specialize in joint therapy for OT/SLP/PT.
<b>Carefor Health &amp; Community Services</b>	760 Belfast Road Ottawa, Ontario  <b>Phone:</b> 613-749-7557  <b>Fax:</b> 613-749-4002  <b>Email:</b> <a href="mailto:info@carefor.ca">info@carefor.ca</a> or <a href="mailto:tguolla@carefor.ca">tguolla@carefor.ca</a> Teresa Guolla, manager of the occupational therapy service providers for Carefor. 613-740-5799  <b>Web:</b> <a href="http://www.carefor.ca">www.carefor.ca</a>	English, French  Interpreters can be arranged.	Adults	Provides services to clients in the Ottawa- Carleton region, in their homes.	Do complex seating, walker assessments including ADP applications.

Name of Agency or Private Practitioner	Contact Information	Languages Spoken	Population Served	Area of service	Other Pertinent Information
<b>CommuniCare Therapy</b>	2270 St Laurent, Suite 202 Ottawa, ON K1G 6C4  <b>Phone:</b> 613-738-2871 1-877-738-2871 <b>Fax:</b> 613-738-2754  <b>Email:</b> <a href="mailto:info@communicare.ca">info@communicare.ca</a>  <b>Web:</b> <a href="http://www.communicare.ca">www.communicare.ca</a>	English, French	Children and youth with Cerebral Palsy, Pervasive Developmental Disabilities, Autism, Down Syndrome, Acquired Brain Injury	Provides services to clients in the Eastern Ontario region, in client's home and/or at St. Laurent office.	
<b>Functionability Rehabilitation Services</b>	1554 Carling Avenue, Suite 101 Ottawa, Ontario K1Z 7M4  <b>Phone:</b> 613-688-9922 1-877-260-0025  <b>Fax:</b> 613-688-9923  <b>Email:</b> <a href="mailto:natalie@function-ability.com">natalie@function-ability.com</a>  <b>Web:</b> <a href="http://www.function-ability.com">www.function-ability.com</a>	English and French	Children, youth and adults  Specialize in traumatic brain injuries, spinal cord injuries, and orthopedic injuries and complex chronic, post catastrophic and non-catastrophic motor vehicle accident diseases.	Provides services in client homes, schools and work settings (adults).	

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<b>Hasmig Adjeleian</b>	23 Seneca St, Old Ottawa South, K1S 4W7  Phone : (613) 878-4900 Fax: 613-730-6873 Email: <a href="mailto:hasmig@magma.ca">hasmig@magma.ca</a>	English, French  Interpreter available for Armenian, Spanish	Ages 2 to 15 with developmental, sensory regulation, written communication and other fine and gross motor challenges.	Provides services In office or in client home.  Travel surcharges apply depending on distance from office. School visits are also available.	Specializes in coordination disorders and parent education.
<b>Kate Berry</b>	P.O Box 45540 Chapman Mills Ottawa, ON K2J 0P9  Phone:613-533-5086 Email: <a href="mailto:kate@kbotpc.com">kate@kbotpc.com</a> Web: <a href="http://www.kateberryot.com">www.kateberryot.com</a>	English Some French	Pediatric services, fine motor concerns	Serves clients within Eastern Ontario region, in client's home or in clinic in North Gower.	
<b>Lori Howell</b>	2733 Kingwood Lane, Ottawa, ON K1T 2G3  <b>Phone:</b> 613-260-2847 x1  <b>Fax:</b> 613-260-0645  <b>E-mail:</b> lori.howell@rogers.com	English	Infants and children including those with feeding difficulties, Down Syndrome, Cerebral Palsy and Autism	Services provided in client's home in the Ottawa area, or in clinician's home if client is from Quebec.	
<b>Maryse Dionne and Nathalie Côté</b>	92 Boul St. Raymond, Office 205, Hull J8Y 1S7  <b>Phone:</b> 819-770-4392 Maryse ext 5, Nathalie ext 6 <b>Fax:</b> 819-770-4392	English French	Ages 0-21 years old with Developmental delay, Self-regulatory issues, PDD , autism, learning disabilities, developmental coordination disorder	Provides services in the office but can go into the home or school as needed on Quebec side only.	Licensed in Quebec; not able to visit day cares in Ontario.

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<b>Meghan Evans</b>	<b>Phone:</b> 613-897-4820 <b>E-mail:</b> <a href="mailto:meg_evans2003@yahoo.ca">meg_evans2003@yahoo.ca</a> <b>Web:</b> <a href="http://www.expandinghorizonsot.com">www.expandinghorizonsot.com</a>	English French	Children and youth: fine motor, gross motor, sensory processing, written output, assistive technology, visual perceptual difficulties, etc	Serves clients within the Ottawa-Carleton region. Provides services in client's home and/or at office.	
<b>Sprout Occupational Therapy</b>  <b>Jessica Norris</b>	<b>Phone:</b> 613-299-6936 <b>E-mail:</b> <a href="mailto:jessica@sproutot.com">jessica@sproutot.com</a> <b>Web:</b> <a href="http://www.sproutot.com">www.sproutot.com</a>	English	Ages 0 -18 with CP, Pervasive Development Disabilities, Autism, Down Syndrome, and/or learning disabilities	Provides services in the client's home or in clinic in Almonte. School visits are available for consultation services, assessment feedback sessions.	Specializes in coordination disorders.
<b>Swanson &amp; Associates, Occupational Therapy and Rehabilitation</b>	305- 1729 Bank St. Suite 305 Ottawa, ON K1V 7Z5  <b>Phone:</b> 613-260-1935 <b>E-mail:</b> <a href="mailto:info@swansonot.com">info@swansonot.com</a> <b>Web:</b> <a href="http://www.swansonot.com">www.swansonot.com</a>	English French Arabic	Ages 2- 18 as well as therapy for adults for neurological, coordination, sensory motor, cognitive deficits as well as for handwriting issues.	Serves clients within the Eastern Ontario region. Provides services in client's home (at additional cost) and/or at Bank St. office.  Offices in Kingston and Belleville as well.	
<b>Sweet Pea Therapy</b>  <b>(Carrie Owen)</b>	<b>Phone:</b> 613-277-3155 <b>Email:</b> <a href="mailto:info@sweetpeatherapy.com">info@sweetpeatherapy.com</a> <b>Web:</b> <a href="http://www.sweetpeatherapy.com">www.sweetpeatherapy.com</a>	English	Children (5 and under)  Specializes in feeding issues with all diagnoses	Provides services in Ottawa, Carleton Place, Arnprior and Almonte  Home visits offered	Is a lactation consultant.

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<b>TRAC Group Inc.</b>	161 Greenbank Rd. Suite 110 Ottawa, ON K2H 5V6  <b>Phone:</b> 613-526-0877 1-866-526-0877  <b>Fax:</b> 613-526-9997  <b>Email:</b> <a href="mailto:admin@tracgroup.ca">admin@tracgroup.ca</a>  <b>Web:</b> <a href="http://www.tracgroup.ca">www.tracgroup.ca</a>	English French  Interpreters can be arranged.	All ages including: Children with CP, Pervasive Development Disabilities, Autism, Down Syndrome, Acquired Brain Injuries	Serve clients throughout the whole province of Ontario as well as Quebec.  Generally provides services in client's home, but can also provide service in office.  Travel surcharges apply for home visits.	Specialized in Acquired Brain Injuries